



# **SUKRUT offers**

## **DIPLOMA IN PSYCHO SOCIAL INTERVENTION**

15 July 2009 to 14 June 2010

### **Brochure**

**(Training cum Job opportunity)**

#### *Course Description*

#### **What is the course about?**

Diploma in Psycho Social Intervention covers almost all the vital theories and its varied application in handling the challenges of the current psychosocial milieu. This course also exposes you to all the specific issues related to different age groups such as:

- Children
- Adolescents
- Adults
- Old age

as well their

- Well-being and Rehabilitation in the society.

You will learn and get the opportunity to practice intense therapeutic techniques for all the above mentioned areas, under the guidance and supervision of experienced faculty in a clinical & community setup like schools, special schools & companies.

### **Who is eligible?**

- Post Graduate in Psychology
- Post Graduate in any degree (Social Work, Education, Sociology, and Literature) with at least 5 years work experience.

### **Duration of Course and Number of Seats?**

12-month Diploma course from 15 June 2009 to 14 June 2010.

Only 50 seats in 2009-2010.

### **Course content and numbers of hours to be taught**

- Psychoanalysis 30 hrs
- Cognitive Behavior 20 hrs
- Behaviour Therapy 15 hrs
- Psycho Pathology 30 hrs
- Other Healing Therapies 10 hrs
- Theories of Personality 30 hrs
- Theories of Learning 20 hrs
- Mental Health Assessment 5 hrs
- Organization Development 20 hrs
- Group Relations Theories 10 hrs
- Consulting 20 hrs
- ICD / DSM – III 10 hrs
- Assessments such as SCT, TAT, RT, RFT, MBTI, FIRO-B, SLD assessment 20 hrs
- Electives

## Facilities

1. Well-equipped library, computers, audio-visual aids, psychometric tools and tests, cognitive assessment and training laboratory, and internet & therapeutic service wing for practical & demonstrations of techniques.
2. Interventions for self growth, including
  - Attendance at a 5- day Personal Growth Lab in July/August each year,
  - Attendance at a 5- day International Group Relations Conference in February each year.
3. Electives areas to be covered, inter alia are
  - History
  - Anthropology
  - Literature
  - Indian Concepts on Psychology

## The Faculty Team

- Faculty will be drawn from leading institutions.
- International faculty will regularly address students on current international techniques.
- Extensive use will be made of innovative and unique pedagogy to enable the assimilation of theoretical concepts and for application, for self-development and for clients.

## Advantages of this Course

The course will equip you with the following:

- Application of learnt theories.
- History taking ----in depth
- Setting therapy goals
- Implementing therapy goals
- Work on self as part of pedagogy
- Diverse client profiles that you will work with-----Pediatric to late adulthood
- Sectors that you will work with----Schools, Business Organizations, Orphanages, NGO's, Therapeutic Service Wings (TSWs) of Sukrut,

- Exposure to & hands-on experience in a wide range of therapeutic interventions
- Experience of systems & project management

Support to start your own TSW will be provided in the form of planning & organizing and you will get the following advantages:

- Mentors for addressing personal & professional issues
- Supervised therapy sessions for gaining greater confidence
- Participation in co-therapy sessions

## **Selection Process**

- Application Form will be available from 25 February 2009 for Rs 100
- Application Form duly filled by 30 March 2009
- Call for Observation Sessions, in Bangalore, from 01 May thru 15 May 2009
- Personal Interview, in Bangalore, from 12 thru 15 May 2009
- Invitation to join will be issued by 30 May 2009
- Joining date 1<sup>st</sup> June 2009

## **Additional Benefits while enrolling for the course:**

1. Course is affiliated and recognised by Rajiv Gandhi University.
2. Deserving Candidate will get some Discount during the screening and the interview.
3. 100% Placement is assured from Sukrut.
4. Access to International Faculties
5. Can attend GRC and ICC Programs free of cost which individually costs you Rs. 25,000/- for each programs.

## **Our Affiliates for Practice Sessions**

**A wide range of organizations. Detailed list will be shared with you at the time of registration.**

**Faculty Profile shared on request.**

**Looking forward with your positive response soon!**

**Please feel free to contact us!**

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