#### Donate Eyes-Give Eye Sight

# Let Eye donation be our Social responsibility. Let it be your family tradition.

- --All religions endorse the practice of eye donation.
- Donate eyes of your dearest.
- -- Age does not matter.
- -- Spectacle wearers, diabetics, <u>hypertensive</u> and people suffering from asthma, TB patients can also donate eyes. Even those who have undergone cataract surgery can donate their eyes.
- Eye donation of one person gives sight to two corneally blind persons.

#### Procedure for Eye Donation:--

Contact the nearest eye bank by phone or personal visit and it will register your pledge to donate eyes and will provide you with an eye-donators card. All the members of the family can pledge their eyes together. The eyes of a deceased person can also be donated whether he/ she has not pledged the yes in his/ her life time. Under the law, relatives can donate his/her eyes provided he/she (deceased) had never spoken against eye donation.

- -- The recipient of cornea will always remain anonymous.
- Eyes can be donated only after death.

#### Eye donation: How does it work?

- The eyes have to be removed within 6 hours of death; therefore the nearest eye bank or eye collection centre should be informed of the death immediately.
- The donor need not be taken to the eye bank. The eye bank team will come to take the eyes, wherever the donor is at no cost.
- Removal of eyes is a simple procedure and it does not take a long time. It leaves no scar or disfigurement of the face.

■ The donated eyes are evaluated, processed and used for corneal transplant surgery on the patient, who are on the waiting list. Two persons will be benefited from the eyes donated by one donor.

#### Telephone nos, of Eye Banks.

Chowpaty--- Navnit Shah Eye Bank , --Helpline Nos. 9820003937 (Eyes) or 23693937 (Eyes).

Girgaon-Harikrishna Hospital -

23821007/23855555 Harkishandas 23829308 Convest Jain Convent Jain Hospital --23829308

Byculla-J.J. Hospital --23750102/23760943

Eye Bank Co-ordination Centre-23741343 / 23741372

Duggan Eye Bank--23750102

Mumbai Central - Nair Hospital 23081443 / 23081798

Bhatia Hospital 23071297 / 23071298 Tardeo -

Parel --- Haji Bachoo Ali Hospital 24131190 (Near KEM Hospital)

Sion-- Tilak Hospital Eye Bank 2409077 / 24074539 / 24076381

24221820 / 24227425 Dadar—Gokhale Eye Bank--

Mahim-- Hinduja Hospital ---24449199/24227425

Somaiya Hospital (Rotary) --24090253

Juhu -- Lotus Hospital---26207534 / 26207352

Vile Parle -- Cooper Hospital ---26207254

Vashi -Helpline 9820032270 / 9820032273

# Organ Donation--- Your Valuable Gift.

#### Why is organ donation important?

Every year thousands of people die due to heart failure, kidney failure, lever or pancreas failure or due to lack of blood. More than twenty-lakh people, comprising more children than adults, suffer from <u>blindness</u> due to destruction of their corneas (eyes). But, we can help them in one way. If we for the sake of such people's good and betterment pledge to donate our functioning organs, thus saving the lives of many a people and help <u>many</u> <u>blind people to be able to see again.</u>

We should know that except for our brain, every other organ in our body could be replaced by a healthy donated organ including tissues like skin and bones.

#### Who can donate organs?

Any healthy individual belonging to any community, caste, or creed, can donate organs. Minors below the age of 18 years can do so with the consent of their parents.

#### Which organs can be donated?

Heart, heart valves, kidneys, lungs, livers, pancreas Cornea's (eyes), skin, bone marrow, connective tissues, middle - ear, and blood vessels.

#### When can organs be donated?

(1) <u>During one's lifetime:</u> - Any organ or tissue can be donated to one's close relative, like brother, sister, mother, father, and children. After donating one kidney or a part of your liver, or apart of your pancreas or bone-marrow, one can donate <u>blood</u> which can be given not only to ones near and dear one but to any other deserving person in need of blood transfusion provided the donated blood group matches with his blood group.

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