

In today's polluted atmosphere, we witness Mass Destruction of forests, Disappearance of many species of plants, animals, insects, birds, Disturbance in Eco-cycles, Ozone Depletion, Global Warming, Acid rain and Decreasing Agricultural Production. Human health is at stake. Many killing diseases like Cancer and AIDS are on the rise. Increased alcoholism and drug abuse is a great challenge. Human mind is under great stress giving rise to more violence and many complex family and social problems. The list is unending.

Yes, to survive, exist happily and peacefully we must co-exist in Harmony in tune with Nature.

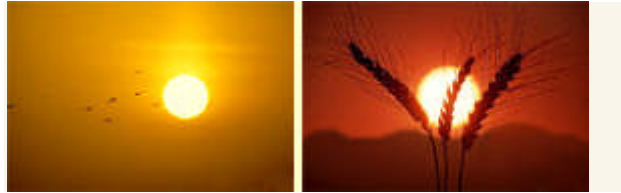
The practice of Agnihotra has been ordained by VEDA as a mandatory duty for each & everyone. VEDA is respected as oldest known revealed knowledge available to mankind. The word "VEDA" originates from SANSKRIT verbal root "VID" meaning "to know", thus it means "PURE KNOWLEDGE". This knowledge is in the form of VEDIC MANTRAS, pertaining to happy living and attaining the ultimate goal of human existence i.e. LIBERATION. Knowledge is never confined to the followers of particular religion, cast, creed, color, nationality or sex etc.

Agnihotra is a process of purification of the atmosphere as a cumulative effect of various scientific principles harnessed to give rise to an unparallel purifying and healing phenomenon.

The process of Agnihotra consists of making two offerings to the fire exactly at the time of sunrise & sunset along with the chanting of two small Sanskrit mantras.

Agnihotra balances the cycle of nature and nourishes the human life. It creates pure, clean and medicinal atmosphere. It cleanses the negative effects of pollution.

1. Timings – Sunrise and Sun Set



2. Copper Pot (Pyramid)



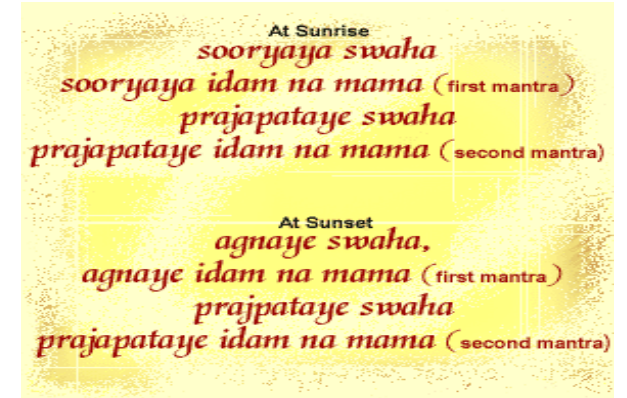
3. Cow Dung Cakes



4. Cow's Pure Ghee & Un broken Un cooked Rice



5. Sanskrit Mantra Vibrational Effect:



1) Agnihotra Times

It is to be performed at two important circadian rhythms of Nature i.e. exact at Sunrise and Sunset. During these timing, changes of great magnitude take place in the ecosystem, which causes vital impact on life and environment. The beneficial effects of Sunrise agnihotra remains active till sunset and when Sunset agnihotra is performed it gives positive thrust till sunrise. In this manner unending and fully active "HEALING CYCLE" is established in the household.

A computerized timetable is prepared based on latitude & longitude for a particular location.

2) Semi pyramid shaped copper pot

The dimensions of this pot are 14.5 cms by 14.5 cms at the top and 5.25 cms by 5.25 cms. at the bottom. The height is 6.5 cms with three steps.

The shape of the pot matches the pyramid but it is inverted. The Ancient word pyramid means, "Fire in the middle" and is closely connected with the inexplicable energies emanating from its centre and shape. It receives, generates and decentralizes electromagnetic or cosmic waves and emits special healing and purifying energy into the ecosphere. Copper with its properties of excellent conduction of electricity and heat is used because Agnihotra has connection with fire, heat, electromagnetic force and cosmic energy fields.

3) Cow-Dung cakes

Cow dung possesses medicinal and curative properties and the smoke that emanates from burning the cow dung contains menthol, ammonia, phenol, iodol formal in, etc. and has bacteriophages eradicate pathogens.

4) Offerings

Two offerings of unbroken rice smeared with cow's pure ghee are offered at each Agnihotra time. According to Ayurveda Cow's ghee is a tonic, cardiac stimulant and invigorating.

5) Chanting of Sanskrit mantras

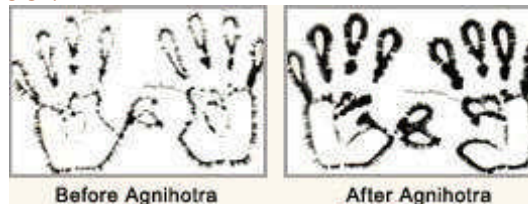
The power of sound vibrations has been acknowledged in the field of science

because some words possess the power of creativity. All the alphabets of the Sanskrit language are endowed with special vibrational powers and Agnihotra mantra helps in spreading subtle energies in the household.

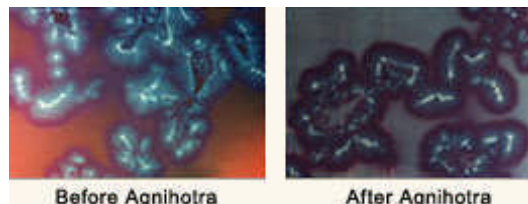
Agnihotra is a science in itself and there are many experiments which show that it is beneficial:

A. Agnihotra and Kirlian photography:-

Kirlian Photographs of human hand 10 minutes before and 10 minutes after Agnihotra. After Agnihotra photograph showed increased energy with healing effect.



Kirlian photographs of living Spearmint plant Before Agnihotra showed 'red surrounding' Meaning aggressiveness.



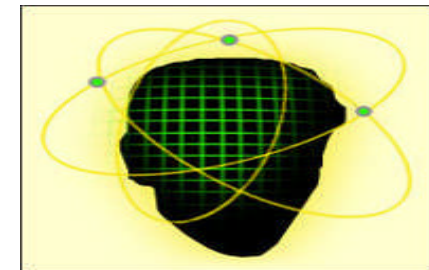
After Agnihotra photographs showed 'blue surrounding' meaning relaxation.

B. Agnihotra Therapy and Drug and Alcohol addicts:-

Alcohol and Drug de-addiction Practice of Agnihotra has been found useful in drug and alcohol de-addiction programs conducted by Lt. Col. G.R. Golecha, (Sr. Advisor) Dep. of Psychiatry, Indian Army. It gives positive strength to the mind and enhances motivation to quit the addiction.



C. Agnihotra and Neuro-Physiological parameters:-



At the Defense Institute of physiology and allied sciences (DIPAS) New Delhi, Dr. Selvamurthy (Sr. Scientist) studied the physiological effects of Agnihotra on the human mind and body. It was observed that during the performance of Agnihotra, the heart rate showed a declining trend, body temperature was raised, GSR remained significantly higher, ECG showed DC shift in base, EEG showed constant changes, power in Alpha band increased, while there was a tendency of suppression in delta power. It has been

concluded that Agnihotra atmosphere has distinct beneficial effects on mind and body.

D. Bacteriostatic effect:-

In a series of experiments conducted by a group of microbiologists & pathologists under the guidance of Dr A.G. Mondkar and Shri.Y.B. Sohoni.

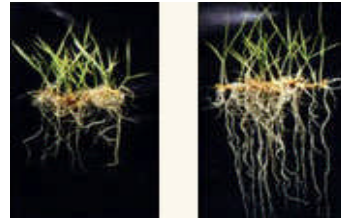


The behavior of micro flora was studied in the atmosphere generated by Agnihotra. It was observed that the Agnihotra atmosphere was markedly bacteriostatic. In it more than 96% growth of bacteria was inhibited. Agnihotra atmosphere acted as a shield in which bacteria, especially the pathogenic types were not allowed to grow. In another set of trials conducted in the polluted slums, similar results were noted. It was observed that there is a definite reduction in aerial micro flora after performing Agnihotra.

E. Ecological Farming and Gardening:-

Agnihotra ash and its resultant atmosphere is being employed in ecological farming practices. Hundreds of farmers are regularly

practicing Agnihotra farming methods. The fruits, vegetables and grains grown by this method are qualitatively better in texture, taste and size as compared to controlled farms where regular use of pesticides and fertilizers is done. Agnihotra atmosphere induces rapid seed germination and the Agnihotra ash is an effective fertilizer and helps in releasing soluble phosphate from the soil.



- Help improves concentration levels
- Reduces stress levels
- Provides Peace of Mind
- Improves motivation
- Helps children mould their mind in a positive manner
- Binds the family together
- Helps in De-Addiction
- Improves Immunity
- Builds Positive Attitude

- Builds mind confidence
- Builds Strong Belief in ALMIGHTY

A Global Phenomenon

Agnihotra is now practiced in more than 60 countries worldwide:

North America: Canada, USA

Europe: Austria, Belgium, Belarus, Croatia, Czech, Denmark, Finland, France, Germany, Greece, Holland, Hungary, Latvia, Lithuania, Luxembourg, Poland, Romania, Russia, Slovakia, Spain, Sweden, Switzerland, UK, Ukraine, Yugoslavia,

Asia: India, Bangladesh, Sri Lanka, Japan, China, Indonesia, Kazakhstan, Malayasia

South America: Argentina, Bolivia, Brazil, Chile, Colombia, Ecuador, Peru, Venezuela

Central America: Caribbean Islands, Dominican Republic, Panama

Middle East: Israel, Jordan, Syria, Turkey

Africa: Egypt, Ghana, Kenya, Nigeria, South Africa, Uganda

Oceania: Australia, New Zealand

Start AGNIHOTRA TODAY – A Holistic Life Style for Peace, Prosperity, Health, Happiness and Clean Environment.

